

233 Happenings

Scout Troop Meetings on Mon @ 6:30 & 7pm .

Warrant Officer Volunteer Renovations on hold for November & December 2024.

Turkey Bag giveaways 21 – 26 November

Ductless HVAC working well to keep electric/Dominion Cost projected to be under \$200 for December.

Warm Weather Project VA Veterans – Civic Development Community Engagement (CDCE) Sweat suits no later than 30 November

11th District Meeting planned for 2 December at Dept HQ 7 PM

14 December will be very busy for Varin Post. We must decide if we will have enough to support Big Toy Parade

14 December Army vs. Navy Game Holiday Social will be at the Post. Doors Open at 2:15 PM Food will be potluck. Casual Dress.

Regular Post Meeting 7:30 after ALA meeting 11 December 2024

ALA Unit 233 Meeting 11 Dec 2024 @ 6 pm Robertos in person

Buddy Checks More Important for December, Let's Do It!!!

Executive Board Meeting and Vice Commander's Meeting Combined tentatively planned for Monday 9 December 8PM by zoom.

Firestone offering 10 % discount with membership card

TOYS FOR TOTS is project for mid-December. Date TBD

Warm clothes project for Ashland Home Veterans and Residents

Commander's Corner

Be The One .that goes the extra mile, even if it is hard to do, and when no one seems to care. You can make a difference in someone's life by making them feel important.

Kenneth Harvey, Varina Post Commander



VARINA POST 233 IN THE KNOW Newsletter

Conventions and Upcoming Events

Keep your eye on the Department page for convention updates and registrations. Click the link below for more information about upcoming events for department of Virginia <https://valegion.org/tools-and-media/upcoming-events/>

Contact Varina Post 233 message center 804-859-1359 with questions. Take action as early as possible when attending Department conventions please.. ****Emergencies handled on a case-by-case basis.**

Virginia American Legion Middle School Essay Contest.

First 4 to sign up and complete application process potentially will receive a gift card for \$20, \$40, \$60, or \$80 from the Commander

Title: "I like living in America because..."

<https://valegion.org/programs/middle-school-essay-contest-2/>

TECHNOLOGY & INFORMATION MANAGEMENT

FINALLY, WE DID IT!!! THE VARINA POST 233 WEBSITE IS UP AND RUNNING!!! WE ARE OFFICIAL

WE CAN BE FOUND ONLINE AT

<https://varinapost233.org/>

MEDICAL RECOVERY and CONDLANCES

Varina Post 233 wishes Judge Advocate Joe Robinson, Legionnaires Harry Wallace, O'Neda Manning, and all others who are ailing or may have had surgery better days. If a loved one was lost, please know that God will cradle and keep you Amen!

HELLO PARENTS

Ready for BOYS STATE & GIRLS STATE 2025??

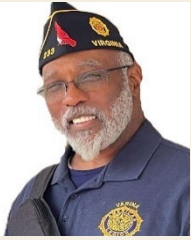
Post Interviews This Month,

Your young man or woman to ensure you meet all qualifications. We are verifying requirement and finalizing interviews Monday 9 Dec 2024 @ scout troop meetings.! We need to get eligible Names to District.

In the Spotlight Varina Post Commander Receives Accolades at Taylor's Park On Veterans Day



Veteran's Day at Taylor's Park was a momentous event for those attending. Varina Post Commander Kenneth Harvey was asked to be one of the speakers. When he summarized his speech by "Thanking the Audience for Their Service," he received a resounding round of applause and a standing ovation. The commander went on to state the community is a part of Americanism and Patriotism. The Henrico County Manager, Mr. "V" was happy to invite Commander Harvey to Henrico offices to discuss future initiatives. for patriots in the East Henrico.



Ask The Commander(s)

Anonymous Question from call center Center#:804-859-1359? I am a single newly retired veteran. At this time of year everyone is on overload with family stuff. I do not have a girlfriend at the moment, and I am a bit tired of the being out her by myself. I don't think I want to do much for the holidays and I feel a little low. What should I do to get out of this

Answer by Post Commander Harvey: This was a very disturbing call because the young man did not leave his number verbally. Thank goodness for caller ID. We called the number back and finally reached the caller. He reluctantly confirmed that he had called our post. It sounded like a relatively young man. He was not comfortable sharing his name, so I did not push. I asked him if he was safe. From there I started to ask pointed questions and he became frustrated and yelled I AM NOT SUICIDAL SO DON'T ASK!!! After taking a deep breath I said to him may I ask you a question? He replied yes. Do you like football? He answer was yes again. Would you like to come out for some food and football at the post next weekend then? I asked. His answer was yes. Since then, he has called the post a few times asking about membership. A few more times asking what he can bring for the holiday social football game. He has changed his mind two times on what he is bringing. This is the time of year where we all need to pay careful attention to our Buddies. Those we know have characteristics we know. Those we do not know may surprise us. Buddy Check! The holiday is not joyful to all.

Come together as Legionnaires to get it Done!!!

Commonwealth Championship Wrestling Makes a grand Debut at Varina Post 233 in Henrico County's East End

Commander Harvey and Leaders are happy something new is here in the Community

Varina Post 233 was confused when Ace Montana walked in asking, "Can I host a wrestling show in this place?". There were puzzled looks all around. The venue at the American Legion in Varina was renovated with weddings and parties in mind. Wrestling was a whole different ballgame. It is not exactly what the leaders thought the renovated space was designed for. First, there are no stadium seats. Also, no fancy lights to speak of. There are no locker rooms or high-powered sound systems to keep the crowd pumped up either. The little post in East Henrico has jumped a lot of hoops in the past two years, but wrestling? A new dimension, and something that needed deep thought to digest. After a negotiation meeting, the next move was to take measurements. Mr. Montana was sure he could pull it off, so the Varina Legionnaires said Let's go for it!!! It's not every day you hear or see this type of entertainment in an American Legion Post. The collaboration would bring

something different and revitalize the community. New ideas, often bring new options.

30 November 2024 was the inaugural wrestling show at Varina Post. To say the event was a great success is an understatement. The show sold out very quickly!!! Wrestling fans packed the house and the energy was so electric you would have thought there were gladiators present. The plan for more wrestling at Varina Post 233 is already in the works. Tickets are on sale now for the next wrestling extravaganza that is taking place on 28 December 2024. Get ready for the Noel Knockout. More events to follow!!!



Wrestling champions literally leave it all on the floor (or mat) as the crowd is in awe at the team work.

MEMBERSHIP NEWS

DON'T FORGET DUES FOR 2025 OUR POST PROCEDURE

Post dues are \$10 per month, \$40 quarterly \$60 twice a year, or \$120 Annually. Reminder: Membership voted. Anyone in receipt of National dues statement contact the Post Commander. We have your solution. Pay what you can to our Finance Officer or our Adjutant. Mail National Dues Statement to Varina POST 233. **If you decide to renew for 3 years your local dues are \$85 for the year Questions???** Call or email the post.

Varina Post 233 VSD Claims Support

On Behalf of Commander Harvey, the Varina Post 233 Executive Board, and members; a hearty welcome is extended to ALL 233 Legion Families.

WE want to hear from you. Write us at:
American Legion
Varina Post 233
8088 Recreation Road
Henrico, VA 23231

Donate to Virginia Legacy Run. It's year around and never too late to give! Please email Randy at randybbgunn@comcast.net or call Varina Post 233 at 804-859-1359

Varina Post 233 continues to say than you to new member **Roderick Simms** and partnership with **Good Faith Veteran Foundation!** We will do great things together! Thegfvf.org

Do you have ITK Pub Input, Ideas, Ask the Commander Questions, or stories? Please contact us no later than the 25^h of each month at 804-859-1359 or al233varinapost@gmail.com