

233 Happenings

Scout Troop Meetings on Mon @ 6:30 & 7pm , Campout 3/8/25

Warrant Officer Volunteer Renovations will recommence as the weather permits. Announcements to follow.

Roof Inspections & Repairs Pablo Roofing Late Jan, Earl Feb

Ductless HVAC working well costs are down significantly

CDCE VA Veterans - Valentines Card Project planned w/Scout support - more to follow

11th District Meeting planned for 6 Jan 25 @7 PM CANCELLED

Ashland Art Supply & Sock Donations Completed 22 Dec & 4 Jan

Buddy Checks (Several Sick and Shut-In late Dec and now).

Regular Post Meeting 7:30 by Zoom only due to weather 8 Jan

ALA Unit 233 Meeting 8 Janu @ 6 pm Robertos did not meet quorum so did not take place.

Adult Reading Project Volunteers Needed. See Adjutant for details. Upcoming 15 Feb

Executive Board Meeting and Vice Commander's Meeting Combined. Time and method TBD and will be announced.

Warm clothes project for Ashland Home Veterans and Residents will be ongoing. Please see adjutant for details

Wrestling Cancelled for 1-25-25 due to illness and family emergency. Not sure about February just yet

Firestone offering 10 % discount with membership card

National Salute Week upcoming 10-14 February at VA Hospital

Commander's Corner

When all the doors close, it is time to open a window.

Kennith Harvey, Varina Post Commander



**VARINA
POST 233
IN THE KNOW
Newsletter**

Conventions and Upcoming Events

Keep your eye on the Department page for convention updates and registrations. Must be registered by January 27, 2025.

Convention - Portsmouth Feb 28 – 2 Mar 2025

Hold down ctrl button and click link below to register

<https://valegion.org/tools-and-media/upcoming-events/>

Contact Varina Post 233 message center 804-859-1359 with questions. Take action as early as possible when attending. ****Emergencies handled on a case-by-case**

Varina Post 233 Middle School Essay Contest.

4 Cash Prizes Available - gift card \$20, \$40, \$60, & \$80

Title: "I like being an American because..."

Contact the Post Adjutant for rules and application
Post Competition in Preparation for 2026 Virginia Essay Contest

TECHNOLOGY & INFORMATION MANAGEMENT

THE VARINA POST 233 WEBSITE IS UP
AND RUNNING!!! WE ARE OFFICIALLY ONLINE

Check the Calendar Regularly

<https://varinapost233.org/>

MEDICAL RECOVERY and CONDOLENCES

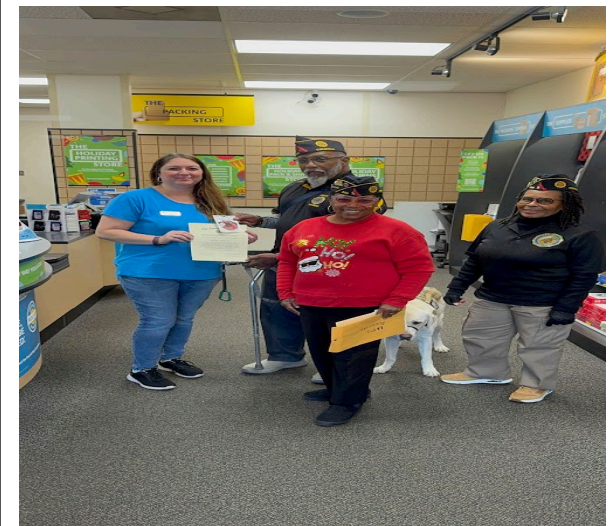
Varina Post 233 wishes V2 Harry Wallace, Adjutant Dr. Vee, Chaplain Bennett, Chaplain Charles Marshall, VSO Bonnie Griffith, Admin Burchett, & all others a speedy recovery. For any one who lost a loved one, we hold you and your family up in prayer. Amen!

ALR Legacy Run Kick Off Meeting Ready for Legacy Run Info?

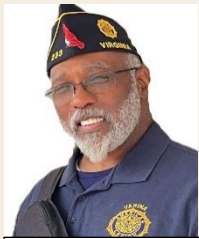
Post 233 Riders Dust Off Your Vests,

The kick off meeting for the 2025 Legacy Run is being held in Hopewell this year. Why not take a short trip down the road to link up with fellow riders? The Legacy Run will be here before you know it. Great information will no doubt be put out.!

In the Spotlight Ms. Toni Giles Manager, UPS - Chester Receives Post Award



Post Commander Ken Harvey, Adjutant Dr. Vee Harvey, and VSO Bonnie Griffith took time out to pay tribute to a wonderful community partner. Ms. Toni is the manager at the Chester UPS store. She has done an outstanding job leading and training the employees at the UPS store. Her business acumen and patience afforded Varin Post 233 the opportunity to conduct more efficient business. There is an absolute need for the services offered by UPS. Our post is building a long-standing partnership to be proud of. Other employees receiving awards included Dakota Giles, Rylee Matthews, and Brian Gibbs. The workers in the store ALWAYS put forth superior effort. Great job!!



Ask The Commander(s)

Anonymous Question from Anonymous Caller? Why are my VA disabilities still being refused and denied as service connections? Can I get that overturned?

Answer by Post Commander Harvey and Dr. Harvey Adjutant:

This is a good question. Thanks for asking. Veterans often get confused about what is service-connected. Just because a veteran is being treated for a condition at the VA Hospital does not mean the condition is service connected. The easiest way to remember is to ask yourself did the condition, illness, or diagnosis manifest (happen) while on active duty. Another way is to determine if military service aggravated the condition. *Keep in mind, the authority is NOT the veteran.* The best starting point is the military records. The condition may be an illness caused by injury, or an event. Some veterans believe if they are diagnosed at the VA; compensation definitely follows. However, that is not the case.

Tips: Any decisions made by the VA on a claim have specific deadlines for veterans to meet. It is important not to miss deadlines. Focus on limiting mistakes, and be serious about providing information that is asked for. Research what is meant by “New information” regarding denied claims, and consider the fact that Disability Benefit Questionnaires can be useful.

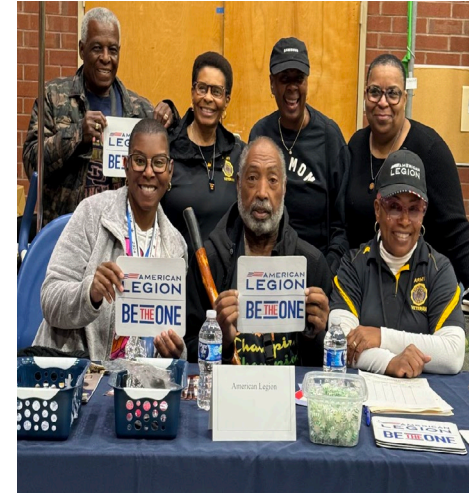
When in doubt see an accredited Veteran Service Officer for assistance.

One Team One Fight !!!

Community Service and Support Is a Big Deal For Varina Strong Presence Helps to Build Strong Partnerships!!!

Commander Harvey and Leaders Will Continue to Push the Envelope for Community

The last quarter was full of community service for Varina Post 233. The buzz phrase “tell me what you can do” resonated loudly creating many opportunities to support the community. As a consequence, Post volunteers scurried around like mice attempting to help where they could. Projects started with clothing donations, but quickly spiraled into supporting car shows, Resource Fairs, and hosting events with local partners. We even presented a few community appreciation



Blast supporting Resource Fair Richmond VA Hospital. Let's Go!!!!

MEMBERSHIP NEWS

DUES FOR 2025 OUR POST PROCEDURE

Post dues are \$10 per month, \$40 quarterly \$60 twice a year, or \$120 Annually. Reminder: Membership voted. **Anyone** in receipt of National dues statement contact the Post. Mail National Dues Statement to Varina POST 233. **If you decide to renew for 3 years your local dues are \$85 for the year Questions???** Call or email the post.

Varina Post 233 VSD Claims Support

By Appointment Only call or email Us!

Call 804-859-1359 In-person and telephone support

On Behalf of Commander Harvey, the Varina Post 233 Executive Board, and members; a hearty welcome is extended to ALL 233 Legion Family.

WE want to hear from you. Write us at:
American Legion
Varina Post 233
8088 Recreation Road
Henrico, VA 23231

Donate to Virginia Legacy Run. It's year around and never too late to give! Please email Randy at randybbgunn@comcast.net or call Varina Post 233 at 804-859-1359

Varina Post 233 wishes good luck always to Legionnaire **Roderick Simms** as we continue to partner with **Good Faith Veteran Foundation!** Thanks for the support!!! Go to Thegfvf.org

Do you have ITK Pub Input, Ideas, Ask the Commander Questions, or stories? Please contact us no later than the 25th of each month at 804-859-1359 or al233varinapost@gmail.com